



2009 CROSS COUNTRY CHAMPIONSHIPS

DIVISION I • SPRINGFIELD, MISSOURI

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2009 NCAA Midwest Region Cross Country Championship

Missouri State University and Springfield, Missouri are excited to serve as the host of the 2009 NCAA Midwest Region Cross Country Championship on November 14.

As one of nine regional championships held nationally at the Division-I level, Springfield is proud to host the Midwest's 33 Division-I cross country participating schools from the states of Illinois, Iowa, Kansas, Minnesota, Missouri, Nebraska, North Dakota, Oklahoma and South Dakota.

The Midwest Region includes schools from 10 conferences, including the Atlantic10, Big 12, BIG EAST, Big Ten, Conference-USA, Horizon League, Mid-American, Missouri Valley, Ohio Valley, and Summit League, as well as one D-I Independent.

In addition to the Midwest Region Championship determining the top regional teams, the event also serves as the first round of the NCAA Championships, as the top two teams and top four individuals not on a qualify

Event Schedule

Saturday, November 14, 2009:

10:00 AM Gates Open For Teams and Spectators

- Admission \$5.00 per vehicle
11:40 AM National Anthem
11:45 AM Men's Teams Report to Starting Line for Check-In
- Introduction of Men's Teams
12:00 PM Men's 10,000-meter Race
1:00 PM Women's Teams Report to Starting Line for Check-In
- Introduction of Women's Teams
1:15 PM Women's 6,000-meter Race
2:00 PM Awards Ceremony